

2019 MSHSL Section 5AA Championships - 5/29/2019 to 5/31/2019 Hamline University, St. Paul, MN

Women - Team Rankings - 18 Events Scored

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|-----------------------------------|--------------------------------|
| 1) St. Michael-Albertville 119.50 | 2) Blaine 114 |
| 3) Mounds View 108 | 4) Spring Lk Pk/St. Anthony 98 |
| 5) Champlin Park 62 | 6) Anoka 60 |
| 7) Osseo 55 | 8) Maple Grove 54 |
| 9) Rogers 45 | 10) Park Center 40 |
| 11) Coon Rapids 39 | 12) Fridley 36 |
| 12) Irondale 36 | 14) Totino-Grace 25 |
| 15) Centennial 22.50 | 16) Columbia Heights 4 |

Girls 100 Meter Dash

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9 Advance: Top 1 Each Heat plus Next 3 Best Times
Meet: M 11.78 5/31/2017 Anna Keefer, St Michael A
Facility: F 11.71 6/9/2012 Taylor Anderson, Hopkins
12.53 QUAL
Name Year School Seed Prelims Wind H#

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Preliminaries

- 1 Cece Lewis 12 Fridley 12.58 12.67Q NWI 2
2 Davidetta Browne 12 Blaine 12.51 12.68Q NWI 1
3 Lauryn Samuel 12 Champlin Park 12.84 12.90Q NWI 6
4 Emily Anderson 9 Centennial 12.76 12.96Q NWI 3 12.956
5 Carlie Heinecke 12 Rogers 12.81 13.02Q NWI 4
6 Yaa Oduro 11 Blaine 13.04 13.15Q NWI 5
7 Aaliyah Heine 10 St. Michael-Albe 12.89 12.96q NWI 6 12.959
8 Olivia Peal 8 St. Michael-Albe 13.08 13.01q NWI 3
9 Georgia Toe 12 Park Center 12.83 13.18q NWI 5
10 Emma Fournier 10 Maple Grove 13.10 13.19 NWI 2
11 Addison Stephani 9 Spring Lk Pk/St. 13.12 13.25 NWI 1
12 Royanna Whicker 9 Champlin Park 13.04 13.35 NWI 4
13 Mikayla De Souza 8 Coon Rapids 13.66 13.37 NWI 4
14 Charlene Yigan-Kohoe 12 Osseo 13.14 13.39 NWI 2
15 Mikayla Whiteford 12 Maple Grove 13.14 13.40 NWI 1
16 Ravina Cooper 9 Irondale 13.77 13.42 NWI 1
17 Maureen Obwogi 12 Blaine 13.89 13.47 NWI 3
18 Fayza Akeri 10 Coon Rapids 13.44 13.49 NWI 3
19 Ruth Osayameh 9 Coon Rapids 13.81 13.50 NWI 2 13.500
19 Coco Nolen 11 Fridley 13.21 13.50 NWI 5 13.500
21 Tori LaBerge 9 Spring Lk Pk/St. 13.17 13.52 NWI 3
22 Dejah Jenkins 12 Champlin Park 13.32 13.55 NWI 5
23 Summer Francis 10 Centennial 13.24 13.59 NWI 6
24 Emelia Laryea 11 Columbia Heights 13.24 13.60 NWI 6 13.591
25 Amaya Rose 10 Anoka 13.49 13.60 NWI 1 13.593
26 Aaliyah Dumoulin 9 Columbia Heights 13.47 13.64 NWI 1
27 Camille Tran 8 Mounds View 13.59 13.67 NWI 3
28 Jessica Schroeder 10 Totino-Grace 13.61 13.71 NWI 4 13.705
29 Joy Olowo 8 Rogers 13.60 13.71 NWI 5 13.710
30 Lailah Marshall 9 Osseo 13.34 13.74 NWI 4
31 Madison Hanson 9 Mounds View 14.08 13.76 NWI 5
32 Ella Markve 9 Maple Grove 13.61 13.77 NWI 6
33 Breanna Shaw 9 Rogers 13.58 13.80 NWI 2
34 Eysia Carter 12 Park Center 13.94 13.85 NWI 4 13.849
35 Frances Johnson 11 Centennial 13.64 13.85 NWI 5 13.850
36 Baridilo Natere 10 Irondale 13.85 13.91 NWI 2
37 Anneka Clark 12 Spring Lk Pk/St. 14.01 13.95 NWI 5
38 Amira Aladetani 11 Park Center 13.65 14.00 NWI 3
39 Sadie Strait 7 St. Michael-Albe 13.46 14.08 NWI 2
40 Nevaeh Page Gr Osseo 13.74 14.16 NWI 1

41 Sophie Christiansen 9 Mounds View 14.05 14.20 NWI 6
42 Elizaveta Milevskaya 9 Columbia Heights 14.05 14.39 NWI 4
43 Emily Miller 10 Irondale 14.37 14.45 NWI 6
44 Evelyn Lara 9 Anoka 14.69 NWI 3
-- Jasmyne Green 9 Anoka DNS NWI 2

Girls 100 Meter Dash

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Meet: M 11.78 5/31/2017 Anna Keefer, St Michael A
Facility: F 11.71 6/9/2012 Taylor Anderson, Hopkins
12.53 QUAL
Name Year School Prelims Finals Wind Points
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Finals

1 Cece Lewis 12 Fridley 12.67 12.34 QUAL 2.0 12
2 Davidetta Browne 12 Blaine 12.68 12.45 QUAL 2.0 10
3 Lauryn Samuel 12 Champlin Park 12.90 12.48 QUAL 2.0 8
4 Aaliyah Heine 10 St. Michael-Albe 12.96 12.54 2.0 6
5 Emily Anderson 9 Centennial 12.96 12.69 2.0 5
6 Carlie Heinecke 12 Rogers 13.02 12.77 2.0 4 12.765
7 Olivia Peal 8 St. Michael-Albe 13.01 12.77 2.0 3 12.767
8 Georgia Toe 12 Park Center 13.18 12.80 2.0 2
9 Yaa Oduro 11 Blaine 13.15 12.89 2.0 1

Girls 200 Meter Dash

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9 Advance: Top 1 Each Heat plus Next 3 Best Times
Meet: M 24.20 2010 Sasha Davis, Park Center
Facility: F 23.91 2016 Jedah Caldwell, Chanhassen
25.34 QUAL
Name Year School Seed Prelims Wind H#
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Preliminaries

1 Laubenra Ben 9 Park Center 25.98 25.19QUAL NWI 2
2 Kyra Dalluge 11 Rogers 25.80 25.62Q NWI 1
3 Olivia Peal 8 St. Michael-Albe 26.92 26.43Q NWI 5
4 Heather Khieu 11 Maple Grove 26.85 26.53Q NWI 4
5 Emanda Williams 11 Blaine 26.78 26.57Q NWI 3
6 Carlie Heinecke 12 Rogers 26.99 26.72Q NWI 6
7 Mercy Zelee 10 Osseo 27.66 26.63q NWI 5
8 Addison Stephani 9 Spring Lk Pk/St. 26.99 26.93q NWI 6
9 Natalia Valnes 12 Blaine 27.57 27.12q NWI 4 27.112
10 Megan Ellingson 10 Irondale 27.34 27.12 NWI 3 27.116
11 Olivia Stensvad 12 Champlin Park 27.02 27.13 NWI 5
12 Soleded-Francine Seibure 9 Anoka 27.90 27.15 NWI 5
13 Mina Merrick-melberg 11 Anoka 27.52 27.24 NWI 2
14 Julianna Harris 9 Fridley 28.95 27.29 NWI 5
15 Mikayla De Souza 8 Coon Rapids 28.19 27.34 NWI 2
16 Javaeh Miles 9 Osseo 28.94 27.39 NWI 4
17 Maya Koffski 12 Mounds View 27.24 27.42 NWI 4
18 Ella Williams 8 Maple Grove 27.45 27.46 NWI 1
19 Allison Pitlick 11 Centennial 27.92 27.48 NWI 4
20 Anna Nummela 12 Coon Rapids 27.95 27.57 NWI 3
21 Jennifer Heilman 7 Rogers 28.36 27.64 NWI 2
22 Mackenzie Peterson 10 Champlin Park 27.81 27.84 NWI 6
23 Anna Tschida 12 St. Michael-Albe 27.72 27.86 NWI 6
24 Isabella Brant 10 Maple Grove 28.30 27.92 NWI 6
25 Amaya Rose 10 Anoka 27.65 28.00 NWI 3
26 Sidney Wallraff 12 Spring Lk Pk/St. 28.45 28.03 NWI 4
27 Tasha Beyioku-Alase 10 Champlin Park 27.45 28.12 NWI 2
28 Madison Hanson 9 Mounds View 28.42 28.19 NWI 3
29 Frances Johnson 11 Centennial 29.17 28.22 NWI 2

30 Camille Tran 8 Mounds View 28.33 28.36 NWI 1
 31 Jessica Schroeder 10 Totino-Grace 28.64 28.55 NWI 5
 32 Abby Glancey 11 Totino-Grace 29.09 28.58 NWI 3
 33 Destiny Casey 9 Irondale 29.80 28.60 NWI 4
 34 Chloe Maxwell 10 Park Center 29.79 28.71 NWI 3
 35 Chloe Harrison 11 Fridley 30.41 29.17 NWI 6
 36 Kailey Perreault 9 Blaine 28.66 29.21 NWI 1
 37 Elle Wareham 10 Totino-Grace 29.53 29.31 NWI 1
 38 Angelina Gonzalez 8 Columbia Heights 30.20 29.41 NWI 5 29.403
 39 Morgan O'Hearn 10 Centennial 29.55 29.41 NWI 1 29.405
 40 Ahmyah Phimpharath 10 Osseo 30.12 29.63 NWI 6
 41 Olivia Warbler 8 Columbia Heights 31.25 29.71 NWI 3
 42 Kyla Harris 8 Fridley 30.06 29.76 NWI 2
 43 Ava Gregorich 9 Columbia Heights 31.14 29.96 NWI 4
 -- Arlena Newman 9 Park Center 27.37 DNS NWI 1
 -- Lyrick Young 11 Irondale 30.54 DNS NWI 5

Girls 200 Meter Dash

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 Meet: M 24.20 2010 Sasha Davis, Park Center
 Facility: F 23.91 2016 Jedah Caldwell, Chanhassen
 25.34 QUAL
 Name Year School Prelims Finals Wind Points

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 Finals

1 Laubenra Ben 9 Park Center 25.19 24.72 QUAL 3.5 12
 2 Kyra Dalluge 11 Rogers 25.62 25.20 QUAL 3.5 10
 3 Olivia Peal 8 St. Michael-Albe 26.43 25.95 3.5 8
 4 Emenda Williams 11 Blaine 26.57 26.07 3.5 6
 5 Heather Khieu 11 Maple Grove 26.53 26.10 3.5 5
 6 Carlie Heinecke 12 Rogers 26.72 26.31 3.5 4
 7 Addison Stephani 9 Spring Lk Pk/St. 26.93 26.37 3.5 3
 8 Mercy Zelee 10 Osseo 26.63 26.39 3.5 2
 9 Natalia Valnes 12 Blaine 27.12 26.83 3.5 1

Girls 400 Meter Dash

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 9 Advance: Top 1 Each Heat plus Next 4 Best Times
 Meet: M 56.07 1998 Deborah Cordner, St. Louis Park
 Facility: F 54.77 6/11/2011 Paige Stratoti, Duluth Central
 57.69 QUAL
 Name Year School Seed Prelims H#

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 Preliminaries

1 Cece Lewis 12 Fridley 58.05 57.25QUAL 1
 2 Kyra Dalluge 11 Rogers 58.88 58.07Q 4
 3 Jaida Weige 12 Blaine 58.84 58.19Q 3
 4 Allison Hookom 9 Anoka 59.70 59.36Q 5
 5 Aidan Senior 12 Anoka 58.49 1:00.04Q 2
 6 Olivia Stensvad 12 Champlin Park 1:00.48 59.79q 5
 7 Mia Rooker 11 St. Michael-Albe 1:00.97 1:00.29q 4
 8 Rachel Berscheid 9 Maple Grove 1:02.85 1:00.95q 1
 9 Neomi Sidique 10 Park Center 1:02.36 1:01.85q 2
 10 Sophia Coltvret 11 Mounds View 1:04.46 1:02.54 2
 11 Hannah Kvant 8 St. Michael-Albe 1:01.93 1:02.66 3
 12 Tasha Beyioku-Alase 10 Champlin Park 1:04.11 1:03.47 1
 13 Lauren Lee 9 Maple Grove 1:05.30 1:04.05 5
 14 Emma Helgerson 9 Spring Lk Pk/St. 1:05.96 1:04.10 1
 15 Lizzy Rydberg 10 Mounds View 1:05.22 1:04.15 5
 16 Morgan O'Hearn 10 Centennial 1:06.55 1:04.26 5
 17 Kailey Perreault 9 Blaine 1:04.63 1:04.76 4
 18 Brianna Kiriago 9 Spring Lk Pk/St. 1:05.36 1:04.96 3

19 Kayla Irlbeck 12 Centennial 1:05.73 1:05.14 2
 20 Naomi Bennett 11 Osseo 1:06.49 1:05.19 4
 21 Alicia Blesi 8 Anoka 1:04.57 1:05.75 3
 22 Janessa Bennett 10 Blaine 1:07.69 1:05.77 2
 23 Anna Beaverson 11 Maple Grove 1:06.05 1:05.83 2
 24 Kiley Wolla 9 Totino-Grace 1:06.59 1:06.03 5
 25 Anna Johnson 12 Park Center 1:06.88 1:06.13 4
 26 Lauren Letnes 11 Irondale 1:07.30 1:06.17 1
 27 Camille Cummings 9 Centennial 1:06.35 1:06.78 3
 28 Courtney Mensah 11 Champlin Park 1:05.34 1:07.50 4 1:07.497
 29 Olivia Ellenbecker 12 Coon Rapids 1:07.13 1:07.50 2 1:07.498
 30 Eva Barsness 9 Mounds View 1:07.92 1:07.84 3
 31 Kaylee Buerman 7 Osseo 1:07.50 1:07.91 1
 32 Amira Aladetan 11 Park Center 1:08.80 1:07.98 5
 33 Emily Lafeber 11 Totino-Grace 1:06.88 1:08.95 3
 34 Kelsey Lammi 9 Irondale 1:12.23 1:09.68 4
 35 Riley Nordberg 10 Rogers 1:10.37 1:09.98 5
 36 Olivia Warbler 8 Columbia Heights 1:15.71 1:10.71 1
 37 Bailey Paine 9 Coon Rapids 1:10.34 1:11.92 4
 38 Emily Arends 12 Osseo 1:12.95 1:13.15 5
 39 Accacia Kimlinger 10 Irondale 1:12.83 1:14.53 2

Girls 400 Meter Dash

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 Meet: M 56.07 1998 Deborh Cordner, St. Louis Park
 Facility: F 54.77 6/11/2011 Paige Stratioti, Duluth Central
 57.69 QUAL
 Name Year School Prelims Finals Points
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Finals

1 Cece Lewis 12 Fridley 57.25 57.35 QUAL 12
 2 Kyra Dalluge 11 Rogers 58.07 57.99 10
 3 Aidan Senior 12 Anoka 1:00.04 59.39 8
 4 Allison Hookom 9 Anoka 59.36 59.81 6
 5 Mia Rooker 11 St. Michael-Albe 1:00.29 1:00.25 5
 6 Olivia Stensvad 12 Champlin Park 59.79 1:00.50 4
 7 Jaida Weige 12 Blaine 58.19 1:00.53 3
 8 Rachel Berscheid 9 Maple Grove 1:00.95 1:01.25 2
 9 Neomi Sidique 10 Park Center 1:01.85 1:02.63 1

Girls 800 Meter Run

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 12 Advance: Top 3 Each Heat plus Next 3 Best Times
 Meet: M 2:14.51 6/1/2012 Maddi Sjelin, St. Michael-
 Facility: F 2:06.50 6/7/2015 Ruby Stauber, Wayzata
 2:15.05 QUAL
 Name Year School Seed Prelims H#
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Preliminaries

1 Emilie Meyer 10 Totino-Grace 2:16.53 2:23.00Q 1
 2 Madison Schmidt 11 Blaine 2:18.05 2:24.01Q 2
 3 Paige McAloon 11 St. Michael-Albe 2:19.08 2:24.39Q 3
 4 Alexa Davis 9 Osseo 2:25.86 2:23.65Q 1
 5 Ella Herbert 9 Mounds View 2:27.32 2:25.05Q 2
 6 Lauren Tillman 11 Maple Grove 2:21.35 2:25.41Q 3
 7 Stephanie Lewis 12 Blaine 2:23.56 2:24.68Q 1
 8 Becca Immer 8 St. Michael-Albe 2:27.55 2:25.60Q 3
 9 Rachel Zastoupil 11 Totino-Grace 2:23.00 2:26.15Q 2
 10 Keely McSherry 9 Totino-Grace 2:31.00 2:25.96q 3
 11 Anna Eich 10 Rogers 2:27.53 2:26.60q 3
 12 Emily Lindell 11 Champlin Park 2:29.70 2:28.38q 1
 13 Juliana Davis 7 Osseo 2:30.20 2:28.95 3

14 Lauren Kath 7 Mounds View 2:30.14 2:29.13 2
 15 Cecelia Miller 12 St. Michael-Albe 2:29.75 2:29.64 1
 16 Cara Shepard 12 Blaine 2:29.26 2:30.37 2
 17 Norah Trost 9 Maple Grove 2:34.67 2:30.41 2
 18 Mackenzie McDonald 11 Centennial 2:34.60 2:30.46 1
 19 Sarah Miller 12 Mounds View 2:33.24 2:30.52 1
 20 Anna Cargill 11 Rogers 2:35.40 2:32.38 3
 21 Kristina Shaptala 8 Rogers 2:38.09 2:33.98 1
 22 Ianhna Phan 10 Columbia Heights 2:40.48 2:34.37 3
 23 Annika Beuning 11 Centennial 2:37.00 2:35.64 2
 24 Kathryn Grubisch 10 Centennial 2:36.79 2:37.03 3
 25 London Luehman 8 Osseo 2:37.94 2:37.25 1
 26 Abby Ellenbecker 11 Coon Rapids 2:47.36 2:37.96 2
 27 Ava Kehr 9 Coon Rapids 2:46.24 2:39.45 3
 28 Hannah Bosak 11 Fridley 2:40.52 2:39.97 3
 29 Kari McKay 11 Irondale 2:45.87 2:40.51 1
 30 Natalie Zielsdorf 9 Spring Lk Pk/St. 2:46.18 2:40.67 1
 31 Signe Johnson 9 Spring Lk Pk/St. 2:45.42 2:41.14 3
 32 Kalli Smith 10 Maple Grove 2:32.60 2:41.73 2
 33 Lily Saddoris 12 Spring Lk Pk/St. 2:39.59 2:42.72 2
 34 Anne Miller 11 Champlin Park 2:40.59 2:43.35 2
 35 Meadow Gillespie 9 Fridley 2:45.74 2:43.46 2
 36 Callista Lamott 10 Champlin Park 2:46.21 2:43.70 2
 37 Larissa Minshull 10 Anoka 2:45.00 2:44.47 2
 38 Julie Schimetz 12 Anoka 2:41.00 2:48.43 1
 39 Esther Johnson 10 Park Center 2:45.47 2:49.16 3
 40 Bella Bresnahan 9 Coon Rapids 2:49.42 2:51.93 1
 41 Lidya Kennedy 8 Columbia Heights 2:53.92 3:01.81 1
 42 Mallory Moseman 9 Anoka 2:56.00 3:06.14 2
 43 Jennifer Mikkola 11 Park Center 3:16.84 3:08.92 3
 -- Elsa Osmond 11 Irondale 2:44.68 DNS 1

Girls 800 Meter Run

Meet: M 2:14.51 6/1/2012 Maddi Sjelin, St. Michael-
 Facility: F 2:06.50 6/7/2015 Ruby Stauber, Wayzata
 2:15.05 QUAL

Name Year School Prelims Finals Points

Finals

1 Emilie Meyer 10 Totino-Grace 2:23.00 2:18.53 12
 2 Madison Schmidt 11 Blaine 2:24.01 2:19.86 10
 3 Paige McAloon 11 St. Michael-Albe 2:24.39 2:22.94 8
 4 Rachel Zastoupil 11 Totino-Grace 2:26.15 2:23.37 6
 5 Lauren Tillman 11 Maple Grove 2:25.41 2:24.64 5
 6 Stephanie Lewis 12 Blaine 2:24.68 2:24.76 4
 7 Alexa Davis 9 Osseo 2:23.65 2:26.57 3
 8 Becca Immer 8 St. Michael-Albe 2:25.60 2:26.61 2
 9 Keely McSherry 9 Totino-Grace 2:25.96 2:26.66 1
 10 Ella Herbert 9 Mounds View 2:25.05 2:27.60
 11 Anna Eich 10 Rogers 2:26.60 2:31.37
 12 Emily Lindell 11 Champlin Park 2:28.38 2:32.07

Girls 1600 Meter Run

Meet: M 5:01.45 2015 Rachel King, St. Michael-Albe
 Facility: F 4:46.32 6/10/2006 Elizabeth Yetzer, Lakeville North
 5:01.41 QUAL

Name Year School Seed Finals H# Points

1 Alexa Davis 9 Osseo 5:25.79 5:10.23 2 12
 2 Katie Sigerud 9 St. Michael-Albe 5:08.49 5:10.42 2 10

3 Mia Salas 12 St. Michael-Albe 5:13.45 5:11.29 2 8
 4 Morgan Dahl 11 Mounds View 5:13.09 5:16.87 2 6
 5 Kaitlyn Finnegan 9 Spring Lk Pk/St. 5:23.07 5:29.55 2 5
 6 Elizabeth VanLoon 9 Irondale 5:26.88 5:29.75 2 4
 7 Anna Eich 10 Rogers 5:33.58 5:34.78 2 3
 8 Anna Marsolek 9 Champlin Park 5:30.22 5:36.39 2 2
 9 Annalise Davis 12 St. Michael-Albe 5:22.76 5:43.68 2 1
 10 Anna Couwenhoven 9 Fridley 5:45.64 5:44.58 2
 11 Jessica Kennedy 12 Mounds View 5:40.00 5:45.03 2
 12 Anna Cargill 11 Rogers 5:40.45 5:46.98 2
 13 Lauren Swanson 9 Centennial 5:33.21 5:48.87 2
 14 Elizabeth Lofstad 11 Centennial 5:36.95 5:49.13 2
 15 Olivia Hoyhtya 9 Mounds View 5:37.10 5:49.21 2
 16 Katherine Mullen 9 Blaine 5:54.57 5:53.30 1
 17 Ellen Ozerova 8 Maple Grove 6:58.69 5:55.93 1
 18 Avery Erickson 10 Maple Grove 5:55.29 5:57.09 1
 19 Adriana Potts 9 Blaine 5:55.46 5:57.64 1
 20 Clara Glad 8 Rogers 5:49.93 5:58.89 2
 21 Maria Hoff 8 Osseo 5:51.53 6:05.09 2
 22 Sarah Eichstadt 11 Coon Rapids 5:48.09 6:05.16 2
 23 Britton Lund 9 Maple Grove 5:46.27 6:06.11 2
 24 Autumn VanDenTop 10 Spring Lk Pk/St. 6:04.24 6:08.66 1
 25 Alyssa Becker 12 Anoka 5:45.77 6:09.19 2
 26 Jordyn Lang 10 Blaine 6:14.05 6:09.30 1
 27 Teresa Shah 7 Osseo 5:58.84 6:10.22 1
 28 Ilsa Hoaglund 10 Coon Rapids 6:03.37 6:13.32 1
 29 Margaret Grossman 10 Champlin Park 6:01.34 6:16.72 1
 30 Claire VanDenTop 10 Spring Lk Pk/St. 6:07.30 6:17.56 1
 31 Amelia Lund 12 Champlin Park 6:01.72 6:17.89 1
 32 Mikayla Poppe 10 Centennial 6:10.00 6:18.22 1
 33 Hannah Teff 10 Irondale 6:16.13 6:18.45 1
 34 Ingrid Norquist 8 Anoka 6:13.00 6:18.63 1
 35 Kari McKay 11 Irondale 6:19.57 6:26.73 1
 36 Sarah Redepening 8 Anoka 6:35.00 6:43.29 1
 37 Alyssa Ross 11 Coon Rapids 6:51.32 6:49.07 1
 38 Grace Brandt 10 Fridley 6:41.84 6:59.13 1
 -- Danquyen Le 8 Columbia Heights 6:52.66 DQ 1 Scratch Rule
 -- Melissa Torres 7 Columbia Heights 6:25.56 SCR

Girls 3200 Meter Run

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 Meet: M 10:49.22 2003 Lisa Waananen, Maple Grove
 Facility: F 10:06.19 6/8/2018 Emily Covert, MPLS Washburn
 10:48.92 QUAL
 Name Year School Seed Finals H# Points
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1 Ali Weimer 9 St. Michael-Albe 10:58.33 11:23.58 2 12
 2 Taylor Isabel 8 Mounds View 11:51.26 11:27.87 2 10
 3 Lindsey Young 9 Maple Grove 11:43.44 11:43.55 2 8
 4 Elizabeth VanLoon 9 Irondale 11:56.66 11:45.59 2 6
 5 Jessica Immer 10 St. Michael-Albe 11:36.66 11:53.39 2 5
 6 Kaitlyn Finnegan 9 Spring Lk Pk/St. 12:00.52 12:02.07 2 4
 7 Anna Belair 11 St. Michael-Albe 11:24.68 12:02.64 2 3
 8 Juliana Davis 7 Osseo 11:58.00 12:04.95 2 2
 9 Kaelyn Nelson 7 Anoka 12:06.00 12:08.92 2 1
 10 Kelsey Huver 9 Blaine 12:00.24 12:13.22 2
 11 Samantha Solboe 8 Spring Lk Pk/St. 12:15.35 12:14.60 2
 12 Rebecca Luebke 12 Osseo 12:35.00 12:26.10 2
 13 Christina Bolcer 11 Maple Grove 12:27.85 12:30.44 2
 14 Kieran Meyer 9 Mounds View 12:00.38 12:35.67 2
 15 Jenna Terrio 11 Spring Lk Pk/St. 12:29.81 12:38.98 2
 16 Adriana Potts 9 Blaine 13:03.05 12:48.75 1

17 Annie Moen 11 Mounds View 12:45.24 12:56.65 2
 18 Jordyn Lang 10 Blaine 13:16.85 13:10.27 1
 19 Margaret Grossman 10 Champlin Park 13:16.18 13:14.46 1
 20 Sarah Eichstadt 11 Coon Rapids 12:46.83 13:17.19 2
 21 Paige Levendusky 12 Maple Grove 13:01.25 13:20.02 1
 22 Samantha Ensign 11 Centennial 12:56.66 13:20.49 1
 23 McKendra Long 12 Centennial 13:09.52 13:24.73 1
 24 Hanna Jack 12 Centennial 13:07.14 13:37.11 1
 25 Ilsa Hoaglund 10 Coon Rapids 13:03.99 13:43.12 1
 26 Alexandra Bragg 11 Anoka 12:50.00 13:43.52 2
 27 Zoe Hoaglund 10 Coon Rapids 13:26.83 13:47.26 1
 28 Mackenzie Martin 10 Irondale 13:39.02 13:48.95 1
 29 Jazmyn Christen 9 Osseo 13:50.80 13:56.36 1
 30 Amayramy Ruiz Barr 8 Fridley 13:49.36 14:01.90 1
 31 Gretta Jensen 11 Rogers 14:19.14 14:02.14 1
 32 Greta Bahe 11 Champlin Park 13:31.55 14:04.25 1
 33 Lily Bandy 11 Rogers 14:22.23 14:05.16 1
 34 Natasha Villanti 10 Rogers 14:48.60 14:50.90 1
 35 Sarah Redepinning 8 Anoka 14:50.00 14:51.41 1
 -- Kiley Wahlin 10 Totino-Grace 13:22.01 DNF 1

Girls 100 Meter Hurdles

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 9 Advance: Top 1 Each Heat plus Next 4 Best Times
 Meet: M 14.21 5/30/2014 Alexandra Williams, Blaine
 Facility: F 13.94 2016 Karina Joiner, East Ridge
 14.93 QUAL

Name Year School Seed Prelims Wind H#

Preliminaries

1 Kelsie Sealock 12 Osseo 15.05 15.10Q NWI 1
 2 Tashina Beyioku-Alase 10 Champlin Park 15.79 15.89Q NWI 4
 3 Grace Henneman 11 Coon Rapids 15.71 15.95Q NWI 3
 4 Mary Keleekai 9 Anoka 16.59 16.06Q NWI 2
 5 Teirra Greene 12 Anoka 15.99 16.48Q NWI 5
 6 Julia Fixsen 12 Mounds View 15.48 16.10q NWI 2
 7 Mckenzie Williams 11 Blaine 16.45 16.35q NWI 4
 8 Emma Duerr 9 St. Michael-Albe 16.52 16.43q NWI 3
 9 Abby Russ 10 Coon Rapids 16.75 16.49q NWI 1
 10 Polliana Silvano 11 Blaine 17.09 16.67 NWI 5
 11 Burnices Barlue 10 Osseo 17.24 16.80 NWI 4
 12 Elizabeth Kauls 12 Mounds View 16.42 16.99 NWI 5
 13 Abuline Fofanah 12 Park Center 16.92 17.10 NWI 2
 14 Lauren Bastian 12 Anoka 17.07 17.18 NWI 3
 15 Lauren Cina 12 Centennial 17.24 17.20 NWI 5 17.197
 16 Jordyn Kendrick 11 Blaine 17.49 17.20 NWI 3 17.199
 17 Abigail Stoesz 11 Centennial 17.92 17.33 NWI 3
 18 Rakeya Eastman 10 Park Center 16.85 17.34 NWI 1
 19 Alisha Vogt 9 Coon Rapids 17.79 17.55 NWI 2
 20 Kelley Klonecz 10 Maple Grove 17.90 17.63 NWI 1
 21 Kaitlyn Braun 10 St. Michael-Albe 17.49 17.66 NWI 2
 22 Ashley House 9 Maple Grove 17.98 17.85 NWI 4
 23 Erin Hall 8 Maple Grove 18.33 17.95 NWI 3
 24 Jenna Kalevik 10 Rogers 17.71 17.99 NWI 1
 25 Abby Roberts 10 Totino-Grace 17.43 18.00 NWI 4
 26 Tegan Woolsey 9 Rogers 18.66 18.02 NWI 2
 27 Anna Browning 11 Rogers 18.03 18.16 NWI 5
 28 Anika Shequin 10 Spring Lk Pk/St. 18.42 18.35 NWI 2
 29 Madison Baker 12 Centennial 18.18 18.75 NWI 4
 30 Celia Sinnott 9 Totino-Grace 18.59 18.98 NWI 1
 31 Angelah Wood 12 Mounds View 18.60 19.00 NWI 1
 32 Narindwa Semakula 9 Irondale 18.16 19.31 NWI 5

- 33 Cassidy Clements 11 Champlin Park 19.62 19.36 NWI 5
- 34 Lilah Bergan 8 Columbia Heights 19.34 19.37 NWI 3
- 35 Sarah Martin 11 Spring Lk Pk/St. 19.59 19.57 NWI 4
- 36 Julieanne Knutsen 8 Spring Lk Pk/St. 20.05 19.83 NWI 5
- 37 Jordan Seery 10 Champlin Park 20.61 20.03 NWI 2
- 38 Ebyan Jama 9 Columbia Heights 20.31 20.35 NWI 4
- 39 Greta Almen 11 Park Center 20.39 20.43 NWI 3
- 40 Hawah Sirleaf 11 Irondale 20.66 20.56 NWI 1
- 41 Saniah Howard Reynolds 8 Columbia Heights 20.84 NWI 1

Girls 100 Meter Hurdles

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Meet: M 14.21 5/30/2014 Alexandra Williams, Blaine
 Facility: F 13.94 2016 Karina Joiner, East Ridge
 14.93 QUAL
 Name Year School Prelims Finals Wind Points

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Finals

- 1 Kelsie Sealock 12 Osseo 15.10 14.62 QUAL 1.9 12
- 2 Julia Fixsen 12 Mounds View 16.10 15.30 1.9 10 15.291
- 3 Grace Henneman 11 Coon Rapids 15.95 15.30 1.9 8 15.297
- 4 Tashina Beyioku-Ai 10 Champlin Park 15.89 15.65 1.9 6
- 5 Teirra Greene 12 Anoka 16.48 15.83 1.9 5
- 6 Mckenzie Williams 11 Blaine 16.35 16.06 1.9 4
- 7 Emma Duerr 9 St. Michael-Albe 16.43 16.15 1.9 3
- 8 Abby Russ 10 Coon Rapids 16.49 16.35 1.9 2
- 9 Mary Keleekai 9 Anoka 16.06 18.59 1.9 1

Girls 300 Meter Hurdles

=====

9 Advance: Top 1 Each Heat plus Next 4 Best Times
 Meet: M 43.43 2015 Julia Hayes, Irondale
 Facility: F 41.35 2016 Meleah Biermaier, Thief River Falls
 44.73 QUAL
 Name Year School Seed Prelims H#

=====

Preliminaries

- 1 Kelsie Sealock 12 Osseo 44.97 46.08Q 1
- 2 Lillian Nowatzke 11 Mounds View 46.86 46.38Q 4
- 3 Charis Lawson 10 Spring Lk Pk/St. 47.52 46.55Q 5
- 4 Lauren Cina 12 Centennial 46.57 47.57Q 3
- 5 Abby Russ 10 Coon Rapids 45.94 48.38Q 2
- 6 Grace Brandt 8 Spring Lk Pk/St. 49.58 46.72q 4
- 7 Sitotaw Dahl 10 Spring Lk Pk/St. 48.80 47.97q 3
- 8 Grace Henneman 11 Coon Rapids 49.49 48.19q 3
- 9 Rakeya Eastman 10 Park Center 49.23 48.35q 1
- 10 Anna Browning 11 Rogers 49.35 48.55 1
- 11 Mckenzie Williams 11 Blaine 48.18 48.60 5
- 12 Emma Duerr 9 St. Michael-Albe 48.82 48.61 2
- 13 Santrice Rodriguez 10 Fridley 48.41 48.62 4
- 14 Lauren Bastian 12 Anoka 50.50 50.21 4
- 15 Elizabeth Kauls 12 Mounds View 49.49 50.26 2
- 16 Abigail Stoesz 11 Centennial 51.74 50.56 2
- 17 Polliana Silvano 11 Blaine 53.03 50.58 4
- 18 Sierra Jordan-Huffman 10 Anoka 52.37 50.81 3
- 19 Alisha Vogt 9 Coon Rapids 50.48 50.84 5
- 20 Wilhelmina Donald 10 Blaine 51.19 51.07 1
- 21 Anna Zigman 9 Maple Grove 51.71 51.73 1
- 22 Narindwa Semakula 9 Irondale 53.04 52.40 5
- 23 Abigail Roberts 10 Totino-Grace 52.70 52.49 4
- 24 Kaitlyn Braun 10 St. Michael-Albe 50.05 52.76 5
- 25 Marissa Walker 12 Mounds View 50.58 52.90 3

26 Mary Pelkola 12 Anoka 53.52 53.02 2
 27 Burnices Barlue 10 Osseo 52.72 53.30 5
 28 Abuline Fofanah 12 Park Center 50.91 53.87 2
 29 Celia Sinnott 9 Totino-Grace 53.41 53.91 3
 30 Tegan Woolsey 9 Rogers 53.94 53.95 2
 31 Erin Hall 8 Maple Grove 56.53 53.98 5
 32 Kimberly Flah 9 Maple Grove 53.95 54.70 3
 33 Meghan Smude 12 Centennial 54.94 54.89 1
 34 Emily Reynolds 12 Columbia Heights 55.62 55.30 5
 35 Rachel Geist 11 Rogers 56.53 55.40 4
 36 Ruby Engel 9 Osseo 55.34 56.15 4
 37 Cassidy Clements 11 Champlin Park 55.15 56.80 1
 38 Jordan Seery 10 Champlin Park 57.25 57.22 2
 39 Heaven Gg 8 Columbia Heights 1:01.43 59.01 1
 40 Greta Almen 11 Park Center 59.79 1:03.09 5
 -- Jasmine Osuji 11 Champlin Park 56.84 DNS 3

Girls 300 Meter Hurdles

=====
 Meet: M 43.43 2015 Julia Hayes, Irondale
 Facility: F 41.35 2016 Meleah Biermaier, Thief River Falls
 44.73 QUAL
 Name Year School Prelims Finals Points
 =====

Finals

1 Kelsie Sealock 12 Osseo 46.08 45.04 12
 2 Charis Lawson 10 Spring Lk Pk/St. 46.55 45.70 10
 3 Lillian Nowatzke 11 Mounds View 46.38 45.95 8
 4 Lauren Cina 12 Centennial 47.57 46.49 6
 5 Grace Brandt 8 Spring Lk Pk/St. 46.72 46.79 5
 6 Abby Russ 10 Coon Rapids 48.38 47.13 4
 7 Grace Henneman 11 Coon Rapids 48.19 48.03 3
 8 Rakeya Eastman 10 Park Center 48.35 48.91 2
 9 Sitotaw Dahl 10 Spring Lk Pk/St. 47.97 49.96 1

Girls 4x100 Meter Relay

=====
 Meet: M 48.15 2004 Mpls Washburn, Mpls Washburn
 Facility: F 47.28 2016 St. Michael-Albertville, St. Michael-Alberty
 A Keefer, C Witherspoon, K Tschida, W Perry
 49.22 QUAL
 School Seed Finals H# Points
 =====

1 Champlin Park 51.23 49.29 2 12
 1) Laurn Samuel 12 2) Royanna Whicker 9
 3) Tashina Beyioku-Alase 10 4) Dejah Jenkins 12
 2 Blaine 49.48 49.38 2 10
 1) Emanda Williams 11 2) Jaida Weige 12
 3) Natalia Valnes 12 4) Davidetta Browne 12
 3 Park Center 50.79 49.84 2 8
 1) Jireh Babalola 12 2) Shadaizhalynn Chatman 9
 3) Eysia Carter 12 4) Georgia Toe 12
 4 Maple Grove 50.41 49.94 2 6
 1) Morgan Bosacker 10 2) Mikayla Whiteford 12
 3) Emma Fournier 10 4) Heather Khieu 11
 5 Mounds View 50.28 50.09 2 5
 1) Maya Koffski 12 2) Greta Delaune 12
 3) Kylie Stromquist 10 4) Sangai Dukuly 10
 6 Spring Lk Pk/St. Anthony Villa 49.87 50.22 2 4
 1) Addison Stephani 9 2) Alexie Stephani 11
 3) Victoria LaBerge 9 4) Charis Lawson 10
 7 St. Michael-Albertville 51.37 50.65 2 3

- 1) Sadie Strait 7 2) Olivia Peal 8
- 3) Anna Tschida 12 4) Aaliyah Heine 10
- 8 Osseo 50.64 50.85 2 2
- 1) Mercy Zelee 10 2) Lailah Marshall 9
- 3) Javaeh Miles 9 4) Charlene Yigan-Kohoe 12
- 9 Centennial 52.50 51.44 1 1
- 1) Summer Francis 10 2) Frances Johnson 11
- 3) Allison Pittlick 11 4) Emily Anderson 9
- 10 Coon Rapids 51.16 51.75 2
- 1) Fayza Akeri 10 2) Ruth Osayameh 9
- 3) Anna Nummela 12 4) Benedite Kalala 10
- 11 Fridley 52.78 52.32 1
- 1) Julianna Harris 9 2) Coco Nolen 11
- 3) Kyla Harris 8 4) Chloe Harrison 11
- 12 Irondale 54.94 52.43 1
- 1) Ravina Cooper 9 2) Narindwa Semakula 9
- 3) Baridilo Natere 10 4) Megan Ellingson 10
- 13 Anoka 52.15 53.20 1
- 1) Evelyn Lara 9 2) Mary Keleekai 9
- 3) Mara Janiak 12 4) Amaya Rose 10
- 14 Rogers 54.23 53.90 1
- 1) Breanna Shaw 9 2) Hailey VanHouten 9
- 3) Abigail Northuis 11 4) Joy Olowo 8
- 15 Columbia Heights 54.53 54.26 1
- 1) Makayla Walker 9 2) Ebyan Jama 9
- 3) Aaliyah Dumoulin 9 4) Elizaveta Milevskaya 9
- Totino-Grace 52.61 DNS 1
- 1) Jessica Schroeder 10 2) Sahara Hall 9
- 3) Abby Glancey 11 4) Anna Kearney 10

Girls 4x200 Meter Relay

=====

Meet: M 1:40.76 2004 Mpls Washburn, Mpls Washburn
 Facility: F 1:39.20 6/10/2017 North St. Paul, North St. Paul
 A Pratt, S Jones, J Cooke, J Cager
 1:43.67 QUAL
 School Seed Finals H# Points

=====

- 1 Rogers 1:47.90 1:44.57 2 12
- 1) Kyra Dalluge 11 2) Jennifer Heilman 7
- 3) Carlie Heinecke 12 4) Alana Walters 12
- 2 Champlin Park 1:46.25 1:44.91 2 10
- 1) Dejah Jenkins 12 2) Olivia Stensvad 12
- 3) Tashina Beyioku-Alase 10 4) Lauryn Samuel 12
- 3 Park Center 1:46.64 1:45.04 2 8
- 1) Jireh Babalola 12 2) Laubenra Ben 9
- 3) Michaela Hobin 12 4) Shadaizhalynn Chatman 9
- 4 Blaine 1:45.23 1:45.95 2 6
- 1) Davidetta Browne 12 2) Emanda Williams 11
- 3) Natalia Valnes 12 4) Jaida Weige 12
- 5 Maple Grove 1:49.55 1:46.44 2 5
- 1) Morgan Bosacker 10 2) Heather Khieu 11
- 3) Isabella Brant 10 4) Ella Williams 8
- 6 Mounds View 1:46.01 1:47.51 2 4
- 1) Sangai Dukuly 10 2) Kylie Stromquist 10
- 3) Lilly Nowatzke 11 4) Julia Dahl 8
- 7 Anoka 1:49.00 1:48.89 2 3
- 1) Mary Keleekai 9 2) Soleded-Francine Seibure 9
- 3) Mina Merrick-melberg 11 4) Mara Janiak 12
- 8 Spring Lk Pk/St. Anthony Villa 1:49.53 1:49.39 2 2
- 1) Anika Shequin 10 2) Sitotaw Dahl 10
- 3) Grace Brandt 8 4) Sidney Wallraff 12

9 Centennial 1:50.91 1:50.66 2 1
 1) Summer Francis 10 2) Abigail Stoesz 11
 3) Allison Pitlick 11 4) Emily Anderson 9
 10 Coon Rapids 1:55.46 1:52.14 1
 1) Jessica Dulong 11 2) Jordan Kriebel 11
 3) Peyton Taylor 10 4) Belinda Griffith 9
 11 Irondale 1:53.05 1:52.96 1
 1) Ravina Cooper 9 2) Emily Miller 10
 3) Lauren Letnes 11 4) Megan Ellingson 10
 12 Totino-Grace 1:56.80 1:55.19 1
 1) Kiley Wolla 9 2) Emily Lafeber 11
 3) Abby Glancey 11 4) Gabby McDonald 11
 13 Osseo 1:53.00 1:56.96 1
 1) Charlene Yigan-Kohoe 12 2) Naomi Bennett 11
 3) Nevaeh Page Gr 4) Javaeh Miles 9
 14 Columbia Heights 2:03.30 1:57.13 1
 1) Olivia Warbler 8 2) Angelina Gonzalez 8
 3) Kennedi Dudley 8 4) Majority Fisher 8
 -- Fridley 1:53.43 DQ 1 False Start
 1) Julianna Harris 9 2) Coco Nolen 11
 3) Santrice Rodriguez 10 4) Chloe Harrison 11

Girls 4x400 Meter Relay

=====
 Meet: M 3:56.95 2009 Mounds View, MoundsView
 M Shelendich, E Toninato, L Hanson, K Bethke
 Facility: F 3:50.12 6/7/2015 Lakeville Sout, Lakeville South
 H Lubow, K Larson, C Slattery, J Mosser
 3:58.85 QUAL
 School Seed Finals H# Points
 =====

1 Fridley 4:12.00 4:00.83 2 12
 1) Grace Prairie 10 2) Santrice Rodriguez 10
 3) Anna Couwenhoven 9 4) Cece Lewis 12
 2 St. Michael-Albertville 4:07.98 4:03.01 2 10
 1) Mia Rooker 11 2) Mia Salas 12
 3) Hannah Kvant 8 4) Paige McAloon 11
 3 Osseo 4:10.60 4:06.61 2 8
 1) Alexa Davis 9 2) Juliana Davis 7
 3) Mercy Zelee 10 4) Kelsie Sealock 12
 4 Mounds View 4:14.24 4:08.72 2 6
 1) Sophia Coltvet 11 2) Tollie Jackson 8
 3) Sangai Dukuly 10 4) Lilly Nowatzke 11
 5 Maple Grove 4:12.29 4:12.20 2 5
 1) Rachel Berscheid 9 2) Norah Trost 9
 3) Lauren Lee 9 4) Lauren Tillman 11
 6 Totino-Grace 4:15.22 4:12.77 2 4
 1) Rachel Zastoupil 11 2) Keely McSherry 9
 3) Kiley Wolla 9 4) Emilie Meyer 10
 7 Anoka 4:15.20 4:13.51 2 3
 1) Soleded-Francine Seibure 9 2) Mara Janiak 12
 3) Mina Merrick-melberg 11 4) Allison Hookom 9
 8 Spring Lk Pk/St. Anthony Villa 4:19.89 4:18.61 1 2
 1) Brianna Kiriago 9 2) Grace Brandt 8
 3) Anika Shequin 10 4) Sitotaw Dahl 10
 9 Coon Rapids 4:18.38 4:19.51 1 1
 1) Courtney Killian 12 2) Olivia Ellenbecker 12
 3) Anna Nummela 12 4) Ajwato Ongwach 10
 10 Champlin Park 4:19.51 4:20.19 1
 1) Tasha Beyioku-Alase 10 2) Courtney Mensah 11
 3) Blessed Thomas 11 4) Emily Lindell 11
 11 Centennial 4:17.61 4:20.74 1

- 1) Lauren Cina 12 2) Morgan O'Hearn 10
- 3) Kayla Irlbeck 12 4) Mackenzie McDonald 11
- 12 Blaine 4:16.17 4:22.82 2
- 1) Janessa Bennett 10 2) Natalie Bennett 10
- 3) Cara Shepard 12 4) Kailey Perreault 9
- 13 Park Center 4:15.77 4:25.74 2
- 1) Anna Johnson 12 2) Kaylee Fisher 11
- 3) Amira Aladetan 11 4) Neomi Sidique 10
- 14 Rogers 4:26.10 4:31.71 1
- 1) Anna Browning 11 2) Riley Nordberg 10
- 3) Clara Glad 8 4) Anna Eich 10
- 15 Irondale 4:36.27 4:38.54 1
- 1) Kelsey Lammi 9 2) Lauren Letnes 11
- 3) Jazmyn Bravo 9 4) Destiny Casey 9

Girls 4x800 Meter Relay

=====

Meet: M 9:23.21 6/3/2016 Anoka, Anoka
 I Brezinka, M Kalkman, S Paulson, T Krone
 Facility: F 8:59.69 2016 Edina, Edina
 T Sweeney, M Rickman, A Mosborg, E Kompelien
 9:22.05 QUAL
 School Seed Finals Points

=====

- 1 St. Michael-Albertville 9:23.61 9:24.75 12
- 1) Ali Weimer 9 2) Mia Salas 12
- 3) Katie Sigerud 9 4) Paige McAloon 11
- 2 Blaine 9:58.44 9:39.90 10
- 1) Stephanie Lewis 12 2) Kelsey Huver 9
- 3) Cara Shepard 12 4) Madison Schmidt 11
- 3 Mounds View 9:55.06 9:45.64 8
- 1) Taylor Dullum 10 2) Taylor Isabel 8
- 3) Ella Herbert 9 4) Tollie Jackson 8
- 4 Maple Grove 10:03.39 9:57.22 6
- 1) Norah Trost 9 2) Anna Beaverson 11
- 3) Lindsey Young 9 4) Lauren Tillman 11
- 5 Champlin Park 10:32.22 10:14.57 5
- 1) Ashlyn Murphy 10 2) Greta Kueng 12
- 3) Emily Lindell 11 4) Anna Marsolek 9
- 6 Centennial 10:07.87 10:28.55 4
- 1) Lauren Swanson 9 2) Kayla Irlbeck 12
- 3) Mackenzie McDonald 11 4) Annika Beuning 11
- 7 Spring Lk Pk/St. Anthony Villa 10:17.53 10:32.63 3
- 1) Jenna Terrio 11 2) Autumn VanDenTop 10
- 3) Emma Helgerson 9 4) Lily Sadoris 12
- 8 Osseo 10:45.32 10:43.57 2
- 1) London Luehman 8 2) Rebecca Luebke 12
- 3) Kaylee Buerman 7 4) Emma Houfek 8
- 9 Coon Rapids 10:52.09 10:47.62 1
- 1) Ajwato Ongwach 10 2) Olivia Ellenbecker 12
- 3) Madeline Keran 12 4) Ava Kehr 9
- 10 Anoka 10:45.00 10:49.58
- 1) Alyssa Becker 12 2) Julie Schimetz 12
- 3) Alexandra Bragg 11 4) Kaelyn Nelson 7
- 11 Rogers 10:57.04 10:53.12
- 1) Clara Glad 8 2) Kristina Shaptala 8
- 3) Kaylee Fenner 11 4) Mikaela Hetchler 8
- 12 Fridley 11:10.47 11:12.22
- 1) Grace Prairie 10 2) Meadow Gillespie 9
- 3) Grace Brandt 10 4) Hannah Bosak 11
- 13 Totino-Grace 10:54.22 11:17.11
- 1) Sarah Ellis 11 2) Marmonee Zokruah 10

- 3) Anastaisa Setter 11 4) Grace Hill 12
- 14 Irondale 11:23.98 11:22.23
- 1) Mackenzie Martin 10 2) Greta Saylor 10
- 3) Iva Hammitt-Kess 11 4) Destiny Casey 9
- 15 Park Center 12:07.07 12:11.63
- 1) Esther Johnson 10 2) Mina Beattie 7
- 3) Jennifer Mikkola 11 4) Cassandre Desort 11

Girls High Jump

=====
 Meet: M 5-09 1996 Gina Curtis, Park Center
 Facility: F 5-09 6/7/2014 Taylor Wiebke, Kasson-Mantorville
 Facility: F 5-09 4/24/2015 Taylor Wiebke, Kasson-Mantorvil
 5-05.00 QUAL
 Name Year School Seed Finals Points

- =====
 1 Madison Schmidt 11 Blaine 6-00.00 5-11.00QUAL 12
 2 Julia Fixsen 12 Mounds View 5-06.00 5-05.00 QUAL 10
 3 Tasha Beyioku-Alas 10 Champlin Park 5-02.00 5-01.00 8
 4 Alexi Stephani 11 Spring Lk Pk/St. 5-00.00 5-01.00 6
 5 Aidan Senior 12 Anoka 5-00.00 5-01.00 5
 6 Anika Shequin 10 Spring Lk Pk/St. 4-10.00 4-11.00 3.50
 6 Megan Monsrud 9 Spring Lk Pk/St. 4-08.00 4-11.00 3.50
 8 Elise Adix 11 Maple Grove 4-10.00 4-11.00 2
 9 Angelah Wood 12 Mounds View 4-10.00 4-09.00 1
 10 Aaliyah Dumoulin 9 Columbia Heights 5-00.00 4-09.00
 11 Blessing Okolie 12 Osseo 4-10.00 4-07.00
 11 Rachel Kalevik 8 Rogers 4-06.00 4-07.00
 11 Mikayla De Souza 8 Coon Rapids 4-04.00 4-07.00
 11 Sydney Kowalski 10 Maple Grove 4-08.00 4-07.00
 11 Rachel Boehme 9 Osseo 4-06.00 4-07.00
 11 Lily Matthews 10 Irondale 4-10.00 4-07.00
 11 Jensen Luehrs 11 Champlin Park 5-00.00 4-07.00
 18 Autymn Norman 9 Maple Grove 4-04.00 4-07.00
 19 Kiah Lubratt 11 Mounds View 4-08.00 4-07.00
 19 Dejah Jenkins 12 Champlin Park 4-10.00 4-07.00
 19 Linaya Tubbs 9 Centennial 4-08.00 4-07.00
 -- Sydney Reining 7 Rogers 4-06.00 NH
 -- Hajaysen Kwateh 12 Osseo 4-04.00 NH
 -- Rose Silvano 10 Blaine 4-04.00 NH
 -- Hadley Dammer 9 Anoka 4-00.00 NH
 -- Camryn Carver 9 Park Center 4-02.00 NH
 -- Jada Harvey 12 Coon Rapids 4-00.00 NH
 -- Grace Arndorfer 10 Totino-Grace 4-04.00 NH
 -- Tess Jacob 10 Totino-Grace 4-04.00 NH
 -- Sara Johnson 10 Blaine 4-06.00 NH
 -- Jenna Kalevik 10 Rogers 4-08.00 NH
 -- Ianhna Phan 10 Columbia Heights 4-06.00 NH
 -- Mya Krystosek 9 St. Michael-Albe 4-10.00 NH
 -- Santrice Rodriguez 10 Fridley 4-10.00 NH
 -- Rodiat Adeduntan 9 Park Center 4-06.00 NH
 -- Teirra Greene 12 Anoka 4-10.00 NH
 -- Ava Kehr 9 Coon Rapids 4-06.00 NH
 -- Grace Prairie 10 Fridley 4-06.00 NH

Girls Pole Vault

=====
 Meet: M 13-06 6/1/2018 Julia Fixsen, Mounds View
 Facility: F 13-09.25 6/9/2018 Julia Fixsen, Mounds View
 11-01.00 QUAL
 Name Year School Seed Finals Points

1 Charis Lawson 10 Spring Lk Pk/St. 11-09.00 11-01.00 QUAL 12
 2 Madison Sieben 12 Anoka 10-06.00 11-01.00 QUAL 10
 3 Brianna Schoenrock 10 Blaine 9-06.00 10-07.00 8
 4 Danielle Schoenroc 10 Blaine 10-00.00 10-01.00 6
 5 Margaret Anderson 10 Mounds View 10-06.00 9-07.00 5
 6 Kennedy Martinson 8 Coon Rapids 9-00.00 9-07.00 4
 7 Margaret Henninger 11 Centennial 9-06.00 9-01.00 2.50
 7 Lauren Pomerleau 11 St. Michael-Albe 9-01.00 9-01.00 2.50
 9 Sophia Condon 8 Anoka 9-06.00 9-01.00 1
 10 Julia Barton 9 Maple Grove 8-06.00 9-01.00
 11 Grace Kehr 9 Coon Rapids 9-00.00 9-01.00
 12 Jaylyn Ahlberg 9 Mounds View 8-06.00 8-07.00
 12 Grace Pierson 12 Spring Lk Pk/St. 9-00.00 8-07.00
 14 Heather Hullinsky 11 Rogers 8-06.00 8-07.00
 15 Molly McNeil 9 Irondale 8-06.00 8-07.00
 16 Dylan Shoemaker 9 Maple Grove 8-00.00 7-07.00
 16 Brooklyn Stuhlsatz 12 Rogers 8-06.00 7-07.00
 16 Sydney Kowalski 10 Maple Grove 8-00.00 7-07.00
 16 McKenna Myron 9 Anoka 8-06.00 7-07.00
 20 Alaina Hedlund 10 Coon Rapids 8-00.00 7-07.00
 20 Callie Martin 10 St. Michael-Albe 8-00.00 7-07.00
 22 Riley Nordberg 10 Rogers 8-00.00 7-07.00
 22 Jazmyn Bravo 9 Irondale 7-00.00 7-07.00
 22 Phebe Nihart-arang 11 Spring Lk Pk/St. 8-00.00 7-07.00
 -- Harmonee Harrison 10 Park Center 6-06.00 NH
 -- Megan Lawrence 9 Irondale 6-06.00 NH
 -- Priya Rana 9 Fridley 5-00.00 NH
 -- Rhys O'Brien 10 Totino-Grace 6-00.00 NH
 -- Julia Fixsen 12 Mounds View 13-06.00 NH
 -- Annika Daley 11 Blaine 10-00.00 NH
 -- Kennedy Copiskey 10 Centennial 7-00.00 NH
 -- Brooke Willenbring 11 Centennial 7-00.00 NH
 -- Caeley Zimmer 11 Fridley 6-00.00 DNS

Girls Long Jump

=====
 Meet: M 19-08.25 5/31/2017 Anna Keefer, St Michael A
 Facility: F 19-10.25 4/26/2019 Robbie Grace, The Blake School
 17-07.00 QUAL
 Name Year School Seed Finals Wind H# Points
 =====

1 Julia Fixsen 12 Mounds View 17-04.50 16-11.00 0.8 5 12
 2 Tori LaBerge 9 Spring Lk Pk/St. 17-07.25 16-10.50 0.4 5 10
 3 Aidan Senior 12 Anoka 17-08.00 16-09.00 0.5 5 8
 4 Olivia Peal 8 St. Michael-Albe 16-07.00 16-05.00 1.2 5 6
 5 Delanie Siewert 10 Maple Grove 16-05.50 16-04.25 +0.0 5 5
 6 Courtney Killian 12 Coon Rapids 16-06.00 16-00.50 1.0 5 4
 7 Jordyn Kendrick 11 Blaine 16-03.00 15-10.75 0.5 5 3
 8 Alana Walters 12 Rogers 15-04.00 15-08.25 0.7 4 2
 9 Danielle Schoenroc 10 Blaine 16-04.00 15-03.75 1.2 5 1
 10 Mary Keleekai 9 Anoka 15-06.00 15-02.75 1.7 4
 11 Sydney Kowalski 10 Maple Grove 14-09.00 15-02.00 1.2 3
 12 Brianna Villanti 8 Rogers 15-02.00 15-00.50 0.6 4
 13 Emily Anderson 9 Centennial 14-10.50 14-09.50 1.6 3
 14 Greta Delaune 12 Mounds View 16-10.25 14-09.00 +0.0 5
 15 Bianca Heller 11 Blaine 15-03.50 14-08.00 2.0 4
 16 Tess Jacob 10 Totino-Grace 14-06.50 14-06.50 +0.0 3
 16 Raina Simat 7 St. Michael-Albe 15-01.75 14-06.50 0.5 4
 18 Hali Kamara 10 St. Michael-Albe 15-06.50 14-06.25 0.3 4
 18 Burnices Barlue 10 Osseo 14-02.00 14-06.25 +0.0 2
 20 Hajaysen Kwateh 12 Osseo 14-05.00 14-06.00 0.6 3
 21 Gabriele Caldwell 9 Irondale 14-07.00 14-04.75 1.0 3

21 Addison Stephani 9 Spring Lk Pk/St. 15-08.00 14-04.75 0.4 4
 23 Jensen Luehrs 11 Champlin Park 14-01.00 14-00.75 +0.0 5
 24 Emelia Laryea 11 Columbia Heights 12-07.50 13-11.00 0.4 1
 25 Morgan Wherry 9 Maple Grove 14-10.00 13-09.00 1.7 3
 26 Courtney Mensah 11 Champlin Park 12-03.75 13-08.25 0.3 1
 27 Frances Johnson 11 Centennial 13-10.50 13-08.00 0.3 2
 28 Abby Embacher 10 Totino-Grace 14-02.00 13-06.25 1.2 2
 29 Hailey Nelson 8 Mounds View 14-09.00 13-06.00 1.1 3
 30 Chloe Maxwell 10 Park Center 14-03.00 13-04.25 0.7 3
 31 Neomi Sidique 10 Park Center 15-09.50 13-03.75 +0.0 4
 32 Abigail Northuis 11 Rogers 14-07.00 13-03.00 1.2 3
 33 Makayla Walker 9 Columbia Heights 12-11.50 13-02.00 2.2 1
 34 Tara Koepke 11 Coon Rapids 14-06.00 13-00.50 +0.0 3
 35 Benedite Kalala 10 Coon Rapids 14-02.50 12-09.50 0.9 2
 36 Emily Miller 10 Irondale 14-00.25 12-09.00 0.6 2
 37 Alvina Camara 9 Fridley 15-01.00 12-01.25 +0.0 4
 38 Rodiat Adeduntan 9 Park Center 12-05.50 11-06.00 1.6 1
 -- Alexi Stephani 11 Spring Lk Pk/St. 16-10.50 FOUL 5
 -- Alicia Blesi 8 Anoka 13-05.00 FOUL 1
 -- Tashina Beyioku-Ai 10 Champlin Park 15-05.00 FOUL 4
 -- Elizaveta Milevska 9 Columbia Heights 14-01.50 FOUL 2
 -- Ahmyah Phimpharath 10 Osseo 14-00.00 FOUL 2
 -- Gifty Brown 9 Fridley 13-06.75 FOUL 2
 -- Madelyn Sanders 12 Centennial 13-11.00 SCR NWI

Girls Triple Jump

=====
 Meet: M 37-07.50 2002 Kou Luogon, Park Center
 Facility: F 40-08.50 6/7/2008 Jordan Helgren, Wayzata
 37-01.00 QUAL

Name Year School Seed Finals Wind H# Points

=====
 1 Tori LaBerge 9 Spring Lk Pk/St. 37-06.00 37-07.50MQUAL 1.7 5 12
 2 Alexi Stephani 11 Spring Lk Pk/St. 36-04.50 35-11.25 1.4 5 10
 3 Jordyn Kendrick 11 Blaine 35-01.00 35-03.25 0.3 5 8
 4 Courtney Killian 12 Coon Rapids 34-06.00 34-08.50 1.0 5 6
 5 Delanie Siewert 10 Maple Grove 33-11.50 34-07.25 2.3 5 5
 6 Emelia Laryea 11 Columbia Heights 30-08.00 34-05.50 2.9 3 4
 7 Kaylee Fisher 11 Park Center 32-07.75 34-01.00 1.8 4 3
 8 Sophia Femrite 9 St. Michael-Albe 34-04.75 33-09.50 0.3 5 2
 9 Lizzy Rydberg 10 Mounds View 32-03.00 33-08.75 0.6 4 1
 10 Burnices Barlue 10 Osseo 33-08.00 33-00.25 0.7 5
 11 Taylor Dixon 11 St. Michael-Albe 32-10.00 32-10.50 1.3 4
 12 Raina Simat 7 St. Michael-Albe 32-07.50 32-06.75 2.0 4
 13 Elizabeth Kauls 12 Mounds View 30-02.50 31-11.75 NWI 2
 14 Avery Hjelm 9 Maple Grove 31-03.00 31-11.25 0.9 3
 15 Bailey Brendel 11 Anoka 31-09.25 31-10.50 +0.0 4
 16 Brianna Schoenrock 10 Blaine 31-09.00 31-10.00 2.2 3
 17 Julianna Harris 9 Fridley 31-11.50 31-09.25 2.2 4
 18 Michaela Hobin 12 Park Center 31-04.50 31-07.25 0.9 3
 19 Iva Hammitt-Kess 11 Irondale 30-08.00 31-03.75 0.9 3
 20 Sidney Wallraff 12 Spring Lk Pk/St. 32-09.00 31-03.50 0.1 4
 21 Hajaysen Kwateh 12 Osseo 30-00.00 31-03.00 0.6 2
 21 Danielle Schoenroc 10 Blaine 31-08.50 31-03.00 0.1 3
 23 Rachel Geist 11 Rogers 29-03.50 31-02.50 1.2 2
 24 Gabriele Caldwell 9 Irondale 31-07.00 30-10.25 2.8 3
 25 Adeola Adeleke 11 Champlin Park 30-05.50 30-05.75 +0.0 2
 26 Sydney Paine 12 Champlin Park 29-02.50 30-03.50 0.3 2
 27 Elizabeth Lofstad 11 Centennial 31-05.50 30-02.25 0.3 3
 28 Maren Merrick-Melb 9 Anoka 31-10.00 29-09.50 0.2 4
 29 Callista Lamott 10 Champlin Park 27-08.00 29-03.75 NWI 1
 30 Madison Baker 12 Centennial 30-10.00 29-00.25 1.0 3

- 31 Emma Hoffman 11 Coon Rapids 28-07.75 29-00.00 1.9 1
- 32 Alexis Brockberg 9 Rogers 30-01.00 28-11.50 0.1 2
- 33 Lauren Kuharski 10 Totino-Grace 28-10.00 28-08.75 0.5 1
- 34 Abigail Northuis 11 Rogers 29-10.00 28-00.50 0.3 2
- 35 Maya Nibbe 11 Anoka 28-10.00 27-09.50 1.1 1
- 36 Kiley Wolla 9 Totino-Grace 29-00.00 27-08.25 NWI 1
- Morgan Bosacker 10 Maple Grove 33-03.50 FOUL 5
- Laubenra Ben 9 Park Center 34-09.50 FOUL 5
- Danquyen Le 8 Columbia Heights 26-04.00 DQ NWI 1 Scratch Rule
- Jolina Koffski 9 Mounds View 29-08.00 DNS NWI 2
- Gabrielle Bodin 11 Osseo 33-02.50 SCR NWI
- Madelyn Sanders 12 Centennial 29-04.50 SCR NWI

Girls Shot Put

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 Meet: M 43-01 2010 Emily Lesser, Maple Grove
 Facility: F 54-08.50 6/8/2013 Maggie Ewen, St. Francis
 41-03.00 QUAL

Name Year School Seed Finals H# Points

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 1 Aleah Keske 11 Mounds View 41-01.00 39-08.00 5 12
 2 Sam Duerr 11 St. Michael-Albe 38-02.50 37-01.75 5 10
 3 Emily Josephson 11 Anoka 37-06.75 36-06.00 5 8
 4 Kaley Waldemar 12 Irondale 39-00.00 35-09.00 5 6
 5 Dolayinka Ademola- 11 Coon Rapids 35-01.00 35-08.75 5 5
 6 Esther Mensah 11 Park Center 35-06.00 35-08.50 5 4
 7 Mackenzie Peterson 10 Champlin Park 35-07.00 35-06.50 5 3
 8 Emma Potratz 10 Spring Lk Pk/St. 35-05.00 34-08.75 5 2
 9 Rachel Deters 11 Coon Rapids 36-05.50 34-06.50 5 1
 10 Melaina Hayes 9 Irondale 34-02.00 34-05.00 4
 11 Ava Larson 10 Champlin Park 33-11.00 34-04.00 4
 12 Ashley Stewart 8 Spring Lk Pk/St. 32-04.50 34-02.50 3
 13 Amarah McDonough 10 Osseo 33-06.00 33-10.75 4
 14 Alyssa Schlagen 12 Blaine 34-05.75 33-05.25 4
 15 Sophia Baker 12 Totino-Grace 32-05.00 32-10.50 3
 16 Debbie Makinde 10 Blaine 34-11.00 32-10.25 4
 17 Hadley Streit 9 Mounds View 32-04.00 32-04.75 3
 18 Josephine Gatto 10 Mounds View 33-01.00 32-03.50 4
 19 Laila Lakanen 10 Anoka 35-02.00 32-02.50 5
 20 Megan Andrews 11 Spring Lk Pk/St. 32-05.00 32-02.00 3
 21 Lilian Nwaokorie 12 Osseo 32-07.50 31-11.50 3
 22 Sophia Kormann 10 Maple Grove 33-08.00 31-09.50 4
 23 Hailey Petersen 10 Anoka 30-09.75 31-07.75 3
 24 Olivia Carel 10 St. Michael-Albe 30-08.00 31-04.25 3
 25 Elizabeth Biggins 12 Coon Rapids 33-09.00 31-03.00 4
 26 Megan Schlaefer 10 Totino-Grace 31-06.00 30-10.75 3
 27 Christine Duffy 10 Totino-Grace 30-04.00 30-08.25 2
 28 Meghan Ellingson 12 Rogers 30-06.00 30-04.50 3
 29 Marisa Ornat 10 St. Michael-Albe 32-07.00 29-11.25 3
 30 Lillian France 12 Irondale 30-04.00 29-10.00 2
 31 Sharon Lawal 11 Blaine 33-08.00 29-09.50 4
 32 Adison Kapitzke 9 Champlin Park 33-07.00 29-07.50 4
 33 Annais Bakpatina 10 Osseo 30-00.50 28-10.00 2
 34 Isabelle Huss 9 Centennial 28-08.00 28-07.25 2
 35 Sydney Augustin 9 Centennial 27-11.50 28-06.50 2
 36 Amanda Kaehler 12 Rogers 29-01.00 28-05.00 2
 37 Joy Teah 12 Maple Grove 27-06.00 28-02.75 1
 38 Jamie Kerkvliet 9 Rogers 30-03.00 28-00.75 2
 39 Alese Eames 10 Park Center 29-04.00 27-08.75 2
 40 Mia Brewer-Law 12 Park Center 27-00.00 27-08.00 1
 41 Olivia Loveless 12 Maple Grove 28-05.00 27-04.25 2
 42 Sophia Anizor 12 Centennial 29-11.50 27-01.25 2

43 Lilah Bergan 8 Columbia Heights 23-01.00 23-09.25 1
44 Saniah Howard Reyn 8 Columbia Heights 24-03.50 23-09.00 1
45 Ashley Setterlund 9 Fridley 23-06.00 22-10.50 1
46 Olivia Curtis 9 Fridley 19-11.00 20-00.25 1
-- Jamia Johnson 12 Fridley 27-04.00 SCR

Girls Discus Throw

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Meet: M 143-05 2004 Lillian Painter, Cooper
Facility: F 171-09 6/8/2012 Maggie Ewen, St. Francis
130-11 QUAL

Name Year School Seed Finals H# Points

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1 Kaley Waldemar 12 Irondale 132-05 118-07.00 5 12
2 Aleah Keske 11 Mounds View 116-10 115-09.00 5 10
3 Melaina Hayes 9 Irondale 115-10 113-06.00 5 8
4 Sharon Lawal 11 Blaine 116-08 112-08.00 5 6
5 Sarah Corbett 12 Blaine 116-11 108-09.00 5 5
6 Adison Kapitzke 9 Champlin Park 105-09 107-06.00 4 4
7 Sophia Anizor 12 Centennial 102-04 106-04.00 4 3
8 Sophia Baker 12 Totino-Grace 110-10 105-01.00 5 2
9 Laila Lakanen 10 Anoka 119-05 100-08.00 5 1
10 Ashley Stewart 8 Spring Lk Pk/St. 93-00 99-07.00 3
11 Isabelle Schrab 10 Mounds View 110-10 99-01.00 5
11 Ava Larson 10 Champlin Park 96-05 99-01.00 4
13 Rachel Deters 11 Coon Rapids 99-04 98-09.00 4
14 Sophia Kormann 10 Maple Grove 98-08 96-05.00 4
15 Ellen Everhart 12 Coon Rapids 95-04 94-09.00 3
16 Debbie Makinde 10 Blaine 98-01 93-00.00 4
17 Katelyn Espe 12 Centennial 98-06 91-10.00 4
18 Arabella Sutch 7 Spring Lk Pk/St. 86-02 91-09.00 2
19 Lillian Nwaokorie 12 Osseo 107-07 91-07.00 5
19 Mackenzie Peterson 10 Champlin Park 91-06 91-07.00 3
21 Hailey Petersen 10 Anoka 96-07 88-11.00 4
22 Emily Josephson 11 Anoka 93-01 88-07.00 3
23 Dolayinka Ademola- 11 Coon Rapids 92-10 88-04.00 3
24 Kimberly Avendano 12 St. Michael-Albe 97-00 88-03.00 4
25 Sam Duerr 11 St. Michael-Albe 97-10 85-07.00 4
26 Savannah Gilmore 9 Spring Lk Pk/St. 85-00 83-10.00 2
27 Aisatou Mane 9 Osseo 85-08 83-08.00 2
28 Mya Krystosek 9 St. Michael-Albe 89-10 83-03.00 3
29 Meghan Ellingson 12 Rogers 88-11 80-05.00 3
30 Alexis Mohlin 11 Centennial 86-07 79-10.00 3
31 Joy Teah 12 Maple Grove 80-01 78-08.00 2
32 Amanda Kaehler 12 Rogers 77-10 78-03.00 2
33 Ruby Revier 9 Osseo 80-00 78-02.00 2
34 Christine Duffy 10 Totino-Grace 77-04 77-08.00 2
35 Margaret Peterson 11 Maple Grove 85-09 77-01.00 2
36 Jamie Kerkvliet 9 Rogers 75-00 75-05.00 2
37 Tegan MacMurdo 11 Park Center 93-03 75-01.00 3
38 Esther Mensah 11 Park Center 80-00 73-02.00 2
39 Mia Brewer-Law 12 Park Center 72-06 71-00.00 1
40 Ashley Setterlund 9 Fridley 57-05 70-05.00 1
41 Olivia Curtis 9 Fridley 61-03 70-00.00 1
42 Megan Schlaefer 10 Totino-Grace 72-00 66-01.00 1
43 Safiya Mohamed 9 Columbia Heights 70-00 62-10.00 1
44 Munira Abdullahi 9 Columbia Heights 55-00 51-04.00 1
45 Heaven Gg 8 Columbia Heights 47-06.00 1
-- Kaja Holtz 10 Mounds View 114-09 FOUL 5
-- Lillian France 12 Irondale 90-10 FOUL 3
-- Jamia Johnson 12 Fridley 74-07 SCR